

Yard Garden Harvest Project

2023 Impact Report



**LITTLE MOUNTAIN
NEIGHBOURHOOD HOUSE**
NEIGHBOUR HELPING NEIGHBOUR



Yard Garden Harvest Project
A food security project of Little Mountain Neighbourhood House

About The Yard Gardens

The Yard Gardens is a community food security project of Little Mountain Neighbourhood House. We are a group of dedicated volunteers and one coordinator who grow food in yards generously shared by Riley Park neighbours. Our Produce supplements food from the Vancouver Food Bank, local farmers and businesses in Little Mountain's Food Distribution program that serves individuals and families experiencing food insecurity.



Summary of Harvests



709

kg's of food Harvested



29

Different Crops Harvested

27

Weeks of Harvest



26

Average # of kg's harvested per week

The food grown at the Yard Gardens in 2023 produced 1303 equivalent meals valued at \$5505

Food Preference Survey

The LMNH Food Hub aims to reduce food insecurity and increase access to healthy food in a way that promotes dignity, equity and respect. To better serve our Food Distribution Participants and provide healthy, culturally appropriate, fresh produce, we conducted a survey in December 2022 to discover their favourite vegetables and grow food in the YGHP based on the results.

Top Vegetables that Participants Requested



Cauliflower



Gai Lan



Broccoli



Lettuce



Carrots



Squash



Radish



Tomatoes



Bok Choy



Garlic

Summary of Production Space



44

**Vegetable
Beds**

5

Homeowners

6

**Different
Yards**

253

**m2 in
Production**

Summary of Volunteer Engagement

674
Volunteer
Hours

52
Volunteers

145
Volunteer
Shifts

7
Volunteer
Leaders

3
Volunteer
Appreciation Events



**Thank you to our sponsors,
partners, volunteers and
supporters for a wonderful
growing season!**



**For more info please contact:
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