

YARD GARDEN HARVEST PROJECT







The Yard Gardens is a community food security project of Little Mountain Neighbourhood House. We are a group of dedicated volunteers and one coordinator who grow food in yards generously shared by Riley Park neighbours. Our produce supplements food from the Vancouver Food Bank, local farmers and bussinesses in Little Mountain's Food Distribution program that serves individuals and families experiencing food insecurity.



SUMMARY OF HARVESTS

Every week from the months of May- December Yard Garden Volunteers Harvest fresh produce for Little Mountain Neighbourhood Houses Food Distribution Program.

The amount of food donated in 2024 is equivalent to 1595 meals, valued at \$6741

870
Kilograms
of Food Harvested

21
Different Crops
Harvested



28
Weeks of Harvest

31 Kg's harvested per wek

2024 FOOD PREFERENCE SURVEY

The LMNH Food Hub aims to reduce food insecurity and increase access to healthy food in a way that promotes dignity, equity and respect. To better serve our Food Distribution Participants and provide healthy, culturally appropriate, fresh produce, we conduct a yearly survey to discover their favourite vegetables and grow food in the Yard Gardens based on the results.



CHOY SUM



BROCCOLI





BEANS



VEGETABLES
REQUESTED
FOR 2024



CAULIFLOWER



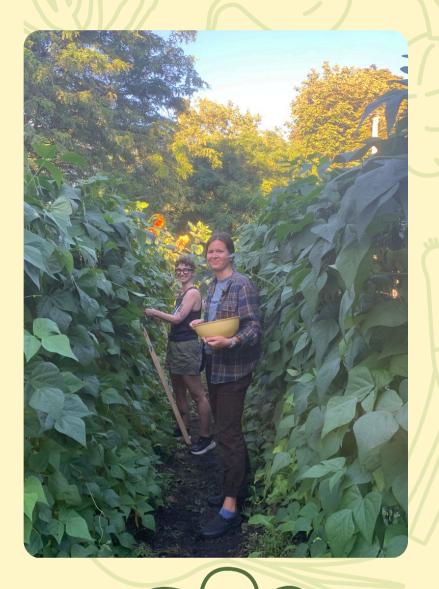
LETTUCE

DAIKON









SUMMARY OF PRODUCTION SPACE

In 2024, five residence of the Little Mountain/Riley Park Neighbourhood kindly donated their front and back yards to our program. In return for sharing their lawns, we provide them with a share of weekly produce

253
m2 in
Production

Vegetables Beds

Different Yards

VOLUNTEER ENGAGEMENT

Along with donating food, the Yard Gardens also provides an opportunity for volunteers to learn and practice sustainable food production! Volunteers are hands on through every process from seeding, transplanting, pest and nutrient management, trellis building, pruning, weeding and harvesting!



SUMMARY OF VOLUNTEER ENGAGEMENT

804
Volunteer
Hours



64 Volunteers

94
Volunteer
Shifts

Volunteer Appreciation Events

VOLUNTEER EXPERIENCE

After another wonderful growing season we asked Yard Garden Volunteers about their experience:

"I love this program. It got me outside in the sunshine to do something good for my community. Everyone I volunteered with was so nice" 87%
of those surveyed
felt like they had
gained enough skills
to grow their own
food!

"I was happy to have such opportunities to plant vegetables especially in urban areas, knowing more people is a bonus for me! Thanks everything from Yard Garden"

"Volunteering at the yard gardens was an awesome experience, it was just the communitybased activity I was looking for after moving to Vancouver. It was a very welcoming environment- I learned lots of new things and had a great time"



THANK YOU TO OUR SPONSORS, PARTNERS, VOLUNTEERS, HOMEOWNERS AND SUPPORTERS FOR A WONDERFUL GROWING SEASON!







FOR MORE INFO PLEASE CONTACT: YGC@LMNHS.BC.CA















